

**PRESBYTERIAN BARIATRIC CENTER
2010**

WEIGHT LOSS SURGERY SUPPORT GROUP

Meets the third Monday of each month at 6:30. Located in the *Center Court/Bobcat Room*, 1st floor, Presbyterian Hospital, 200 Hawthorne Lane, Charlotte, North Carolina. Open to all who have had weight loss surgery or those interested in learning about the procedures and the process.

DATE/TIME	TOPIC:
01/18/10 6:30	“Using Support to Amp up Your Motivation”
02/15/10 6:30	“Just One Thing: Mastering the Art of Change”
03/15/10 6:30	“Spring into Action: Forget the Deep Freeze”
04/19/10 6:30	“Work up a Sweat with the Exercise Expert”
05/17/10 6:30	“20 Questions: Ask the Nutritionist Everything You’ve Always Wanted to Know”
06/21/10 6:30	“Many Roads, One Journey”

For additional information contact Lin Hanley at: **PRESBYTERIAN
BARIATRIC CENTER 704-316-8000.**
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